

HARVEST RESTAURANT

Food, Wine, Enjoyment



LUNCH MENU

SUMMER 2022

## SMALL PLATES

**ROTISSERIE CHICKEN, KALE & CHICKPEA SOUP** Tomato, Vegetables, Parmesan Cheese 8.<sup>95</sup>

**NEW ENGLAND CLAM CHOWDER** Smoked Paprika Croutons, Bacon Lardons, Chives 8.<sup>95</sup>

**BAKED BRIE WITH STRAWBERRY COMPOTE** Toasted Pecan Raisin Bread 14.<sup>95</sup>

**OSAKA STYLE SUSHI** Spicy Tuna, Avocado, Wasabi, Pickled Ginger, Sriracha Aioli, Eel Sauce \*Limited\* 14.<sup>95</sup>

**SHRIMP SPRING ROLLS** Lime Miso Vinaigrette, Sweet Chili Aioli 14.<sup>95</sup>

**BLISTERED SHISHITO PEPPERS** Garlic Aioli, Maldon Sea Salt Flakes 10.<sup>95</sup>

**YELLOWFIN TUNA TARTARE** Avocado, Crispy Sesame Wontons, Ponzu, Wasabi Cream, Pickled Ginger 15.<sup>95</sup>

**PULLED PORK NACHOS** Blue Corn Chips, Avo Mash, Crumbled Feta, Chipotle Crema, Calabrian Chili BBQ Sauce 14.<sup>95</sup>

**LIONI BURATTA** Golden Beets, Heirloom Cherry Tomatoes, Basil Pesto, Parmesan Toast, EVOO 14.<sup>95</sup>

**ROTISSERIE CHICKEN WINGS** Sweet Heat Glaze, Ranch Dressing 13.<sup>95</sup>

**CRISPY RHODE ISLAND CALAMARI** Hot Cherry Peppers, Chives, Marinara 15.<sup>95</sup>

## SALADS

**BABY ICEBERG WEDGE** Tomato, Blue Cheese, Bacon Lardons, Pickled Red Onion, Parmesan Croutons, Blue Cheese Dressing 12.<sup>95</sup>

**3W SPRING HARVEST** Golden Beets, Red Quinoa, Sugar Snap Peas, Watermelon Radish, Cherry Tomato, Cucumber, Pickled Red Onion and Avocado Green Goddess 16.<sup>95</sup>

**CAESAR** Romaine, Parmesan Croutons, Shaved Parmesan, Caesar Dressing 11.<sup>95</sup>

**ROTISSERIE PULLED CHICKEN** Tuscan Kale, Green Cabbage, Quinoa, Peanuts, Parmesan, Cilantro, Peanut Vinaigrette 21.<sup>95</sup>

**PAN SEARED SALMON** Baby Greens, Tomato, Bacon Lardons, Avocado, Grana Padano, Sherry Vinaigrette 21.<sup>95</sup>

**THAI STEAK & NOODLE** Marinated Filet Mignon Tips, Baby Spinach, Cabbage, Orange, Avocado, Tomatoes, Crispy Wontons, Peanuts, Miso Vinaigrette 22.<sup>95</sup>

### Power Lunch 16.<sup>95</sup>

YOUR CHOICE OF A

SOUP | SALAD | & SLIDER OR SALMON

NEW ENGLAND CLAM CHOWDER OR ROTISSERIE CHICKEN, KALE & CHICK PEA SOUP

CAESAR SALAD OR HOUSE SALAD

Pan Seared Salmon, Fried Chicken Slider, 3W Cheddar Slider

## HOUSE SPECIALTIES

**FILET MIGNON** Black Pepper Crusted, Spring Asparagus, Mushrooms, Roasted Pepper Sauté, Parmesan Potato Cakes, Au Poivre Sauce 42.<sup>95</sup>

**RHODE ISLAND FLOUNDER TACOS** Blue Corn Tortillas, Rainbow Slaw, Sriracha Aioli, Pico de Gallo, Corn Chips 21.<sup>95</sup>

**ROTISSERIE CHICKEN GRAIN BOWL** Peanuts, Red Peppers, Carrots, Cabbage, Miso, Cilantro 21.<sup>95</sup>

**ROTISSERIE CHICKEN QUESADILLA** Caramelized Onion, Cheese, Kale, Sour Cream, Pico de Gallo 12.<sup>95</sup>

**LO RÉ "CRESTE DE GALLO" PASTA** Spring Asparagus, Sugar Snap Peas, Shiitake Mushrooms, Fresh Tomato, Baby Spinach, Lemon Pepper Ricotta, Basil Pesto, Calabrian Chili Oil 24.<sup>95</sup>

**CRISPY CHICKEN SANDWICH** Pickles, Tomato, Swiss Cheese, Green Cabbage Slaw, Brioche Bun, Frites 16.<sup>95</sup>

**3W CHEDDAR BURGER (DOUBLE PATTY)** Ribeye Blend, Pickle, Lettuce, Tomato, Garlic Aioli, Brioche Bun, Frites 18.<sup>95</sup>

*We are concerned for your well being; if you have allergies, please alert us as not all ingredients are listed! We are obligated to tell you that consuming raw or undercooked meat, seafood, eggs may increase your risk of foodborne illness.*